**Intent, Implementation and Impact statement for Physical Education (PE) 2022-23**

**Intent**

Holy Trinity CE (A) Primary School recognises and values the importance of Physical Education (PE). PE at Holy Trinity aims to develop an enjoyable, high-quality physical education curriculum that inspires all pupils to succeed and take part in competitive sports and other physical activities, including Forest School. Our starting point is to meet the aims of the National Curriculum for Physical Education to ensure that all children:

• Develop competence to excel in a broad range of physical activities

• Are physically active for sustained periods of time

• Engage in competitive sports and activities

• Lead healthy, active lives

It is our intention to build a curriculum that enables children to develop procedural knowledge and vocabulary in a wide range of sporting activities, as well as developing and embedding values such as fairness and respect.

Through enrichment activities, Sports Crew and specialist Sports Days, we aim to raise the profile of PE and expose our children to sports they may never have had the opportunity to take part in.

Our PE curriculum is based on an enhanced model of the Early Years Framework and the National Curriculum with a clear progression structure from Reception to Year 6. This progression of procedural knowledge has been planned in order to build on the knowledge base and skills needed to meet the end of Key Stage objectives in the National Curriculum.

Additionally, an important element of the curriculum at Holy Trinity is a focus on healthy, active lifestyles, particularly the connection between being active for mental wellbeing as well as physical wellbeing and how this helps to develop resilience.

**Implementation**

The PE curriculum at Holy Trinity is taught through the use of the PE Hub, which is in-line with the National Curriculum, and is used to aid teaching staff in their subject knowledge and planning of PE. Teachers are able to adjust and change lessons to suit the needs of their classes but the scheme provides a strong basis of what is expected in each year group, providing progression through and between KS1 and KS2.

Each class plans two hours of high-quality physical activity every week. These two lessons are either taught by the class teacher or by our PE specialist from JA Sports Coaching. Through the use of our PE Specialist, fun and innovative sessions are run that offer staff the chance to develop their own practice.

Each lesson, children are given the opportunity to practise physical skills in a variety of ways and each lesson builds upon previous learning, allowing them time to embed their learning. Procedural knowledge is recapped throughout, and across, the years, each time being built upon to allow children to know more and remember more.

Holy Trinity also uses specialist sports companies such as JOLF and JA Sports Coaching to support and help run PE lessons. We also use Premier Sports who offer a range of lunch time and after school sports clubs. Year 3 pupils, and some Year 4 pupils, receive weekly swimming lessons from staff at the Dolphin Leisure Centre for a period of 10-12 weeks with the aim that by the end of Year 6 all children are able to swim a minimum of 25m unassisted. By using a variety of providers we aim to introduce and enthuse children to play and engage in sports they wouldn’t necessarily normally be exposed to.

We offer a wide range of sporting after-school clubs run by parents and sports providers including gymnastics, cross country and football.

In Year 5 and 6, some of the children have the opportunity to take part in Sports Crew training. This gives them the skill set to help teach younger children simple PE activities, help to run Sports Day and lead playtime activities.

Holy Trinity are members of the Mid Sussex Active partnership with local schools. This provides Holy Trinity with the opportunities to take part in inter-school festivals and tournaments. Opportunities are available for all children in the school to take part in events, across both KS1 and KS2. This involves a wide range of events that all children are encouraged to attend.

**Impact**

Our curriculum aims to improve the wellbeing, fitness and enjoyment in being physically active of all children at Holy Trinity; not only through the physical and sporting skills taught, but through the underpinning values associated with playing sport and being active.

Through links with PHSE we promote the overall well-being and health of each child by teaching about the importance of being physically active for both mental and physical wellbeing. We also identify and make explicit the importance of being physically active to aid learning.

In all classes, children possess a wide range of physical abilities. Whilst recognising this fact, we provide meaningful learning opportunities for all children by adapting our teaching and through the equipment or challenges offered. We also use assessment tools to identify children with additional needs that would benefit from intervention groups, either to help with a specific learning or behavioural needs or to help children with needs such as DCD or other motor-based difficulties.

Children at Holy Trinity make good progress in PE and are eager to attend after school clubs and competitive sports events.