

## **NETBALL CAMP**

February 17th & 18th | 9am - 12noon | Girls | Aged 8-14 Venue: Ardingly College

Our Netball coaches are level 2 qualified, with County and Regional experience. Our programme has been custom built in order to develop players of all abilities through fun game-like activities.



Head of Netball at Ardingly College



Club Captain for Sussex Netball Club



Plays for the South Regional League

£20
per day, per child



### **TIMETABLE & INFORMATION**

#### **MONDAY - FRIDAY**

09:00 - 09:15 : Arrival & Registration

09:15 - 09:45: Fun sport specific warm up and team building exercises

09:45-10:30: Technical & skill sport specific practices aligning with topic of

the day

10:30 - 10:45 : Break

10:45 - 11:55 : Tournament

12:00 : Departure

#### **WHAT TO BRING**

Water Bottle | A Snack | Suitable Trainers

# NETBALL CAMPS FUTURE DATES

26th - 27th May 2020

3rd - 7th August 2020

Did you know that Ardingly Active also runs:

Hockey, Football, Girls'
Football, Cricket, Holiday
Club & Swim School camps
throughout the year.

For more information visit: www.ardingly.com







