

Personal, Social and Emotional Development

EYFS Area of learning		Where this is found in the curriculum planning/ Assessment Opportunities
Self-Regulation	<ul style="list-style-type: none"> -Selects and uses activities and resources, with help when needed. This helps him/her to achieve a goal he/she has chosen, or one which is suggested to him/her -Is developing his/her sense of responsibility and membership of a community -Helps to find solutions to conflicts and rivalries, e.g. accepting that not everyone can be Spider-Man in the game, and suggesting other ideas -Increasingly follows rules, understanding why they are important -Does not always need an adult to remind him/her of a rules -Is developing appropriate ways of being assertive -Talks with others to solve conflicts -Talks about his/her feelings using words like 'happy', 'sad', 'angry' or 'worried' 	<p>Autumn weeks 1&2, Objective Led Planning/ Observations</p> <p>Autumn week 1&2, Autumn week 7-People Who Help Us/ Hello Friend, The great big book of families RE - How can you help others?</p> <p>Autumn week 1&2, Objective Led Planning/ Observations</p> <p>Autumn week 1&2, Autumn week 6-Oh No George/ Objective Planning.</p> <p>Objective Led Planning/ Observations Hello Friend/ Observations Objective Led Planning/ Observations Hello Friend - How is the boy feeling? How would you feel in these circumstances.</p>
	<ul style="list-style-type: none"> -Expresses his/her feelings and considers the feelings of others -Is able to identify and moderate his/her own feelings socially and emotionally -Manages his/her own needs 	<p>Blue Penguin/ Anna Hibiscus - To articulate how they and others may be feeling using book as discussion.</p> <p>Objective Led Planning/ Observations</p> <p>PE, Observations</p>
	<ul style="list-style-type: none"> -Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and shows an ability to follow instructions involving several ideas or actions. -Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate; -Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly; 	<p>Objective Led Planning/ Observations</p> <p>Objective Led Planning/ Observations</p> <p>Objective Led Planning/ Observations</p>
Managing Self	<ul style="list-style-type: none"> -Is showing more confidence in new social situations 	<p>Objective Led Planning - Initial Assessments CT/ LSA</p>
	<ul style="list-style-type: none"> -Sees himself/herself as a valuable individual -Shows resilience and perseverance in the face of challenge 	<p>Clever Sticks - What are you good at?</p> <p>Clever Sticks and Observations.</p>
	<ul style="list-style-type: none"> -Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices. -Explain the reasons for rules, know right from wrong and try to behave accordingly; -Be confident to try new activities and show independence, resilience and perseverance in the face of challenge; 	<p>PE, Very Hungry Caterpillar - Healthy Plate of Food, Healthy Lifestyles</p>
Building Relationships	<ul style="list-style-type: none"> -Is becoming more outgoing with unfamiliar people, in the safe context of his/her setting -Plays with one or more other children, extending and elaborating play ideas -Is beginning to understand how others might be feeling 	<p>Autumn weeks 1&2, Objective Led Planning/ Observations</p> <p>Objective Led Planning/ Observations</p> <p>Hello Friend To articulate others may be feeling, using book as discussion starter.</p>
	<ul style="list-style-type: none"> -Builds constructive and respectful relationships -Thinks about the perspectives of others 	<p>Blue Penguin/ Anna Hibiscus - To articulate how they can be respectful and build relationships, using book as discussion point, The great big book of families</p> <p>Objective Led Planning/ Observations</p>
	<ul style="list-style-type: none"> -Show sensitivity to their own and to others' needs. -Form positive attachments to adults and friendships with peers; -Work and play cooperatively and take turns with others; 	<p>The great big book of families, RE, Objective Led Planning/ Observations</p>

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