

FOOTBALL CAMP

February 17th - 21st | 9am - 12noon | Boys & Girls | Aged 5-14 Venue: Ardingly College

Our qualified football coaches will deliver a programme designed to engage and unleash the potential in all young players, through technical, tactical and physical aspects of football.



1st XI Head Coach at Crawley Wasps Woman's in the FA Women's National League Southern Premier



Head Coach - ISFA U15 South Girls



Ardingly College Football Development Officer





TIMETABLE & INFORMATION

MONDAY - FRIDAY

09:00 - 09:15 : Arrival & Registration

09:15 - 09:45: Fun sport specific warm up and team building exercises

09:45 - 10:30 : Technical & skill sport specific practices aligning with topic of

the day

10:30 - 10:45 : Break

10:45 - 11:55 : Tournament

12:00 : Departure

WHAT TO BRING

Water Bottle | Shin Pads | Football Boots | Trainers | A Snack

FOOTBALL CAMPS FUTURE DATES

14th - 17th April 2020

26th - 29th May 2020

20th - 24th July 2020

Did you know that Ardingly Active also runs:

Hockey, Netball, Girls'
Football, Cricket, Holiday
Club & Swim School camps
throughout the year.

For more information visit: www.ardingly.com







