

# ADHD

## Hyperactivity

needs to climb and run

even when inappropriate

gets out of chair

seems to be constantly restless

walks around the classroom

fidgets on the carpet

## Attention

can't complete tasks, even when motivated

needs short/achievable tasks

makes simple mistakes

doesn't pay attention to school work

understands the task but unable to complete it

doesn't appear to be listening when spoken to

sensitive to noise and change

easily distracted

even in play situations

## Concentration

finds sustained concentration difficult

actively avoids tasks that require focus

## Organisation

visual timetable

forgets routine tasks

easily loses things

checklists

struggles to organise their thoughts prior to a task