

Matt Wren Football Coach

FOOTBALL CAMP

6th - 8th April | 9am - 12noon | Boys | Aged 5-14 Add-ons: Holiday Club from 12 -7pm, prices vary Venue: Ardingly College

Our qualified football coaches will deliver a programme designed to engage and unleash the potential in all young players, through technical, tactical and physical aspects of football.



UEFA B Football Coach



Assistant Director of Sport at Ardingly College



Head of Strength & Conditioning

To book Sports Camps, Click Here To book Holiday & Sports, Click Here £20 per day, per child



TIMETABLE & INFORMATION

MONDAY - FRIDAY

- 09:00 09:15 : Arrival & Registration (Ardingly Active Hub)
- 09:15 09:45 : Fun sport specific warm up and team building exercises
- 09:45 10:30 : Technical & skill sport specific practices aligning with topic of the day
- 10:30 10:45 : Break
- 10:45 11:55 : Tournament

12:00 : Departure

WHAT TO BRING

Water Bottle | Shin Pads | Football Boots | Trainers | A Snack

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Did you know that Ardingly Active also runs:

Hockey, Netball, Girls' Football, Cricket, Holiday Club & Swim School camps throughout the year.