

# **HOCKEY CAMP**

February 17th - 21st | 9am - 12noon | Boys & Girls | Aged 8-14 **Venue: Ardingly College** 

Our Hockey coaches are level 2 qualified, with County and International experience. The Hockey programme has been custom built in order to develop players of all abilities.



Level 2 Coach



Previously Head Coach at Torbay Hockey



Current 1st XI play at Brighton & Hove



Coaching Camps across the USA with Academy International Field Hockey





### TIMETABLE & INFORMATION

#### **MONDAY - FRIDAY**

09:00 - 09:15 : Arrival & Registration

09:15 – 09:45: Fun sport specific warm up and team building exercises

09:45 - 10:30: Technical & skill sport specific practices aligning with topic of

the day

10:30 - 10:45 : Break

10:45 - 11:55 : Tournament

12:00 : Departure

#### WHAT TO BRING

Water Bottle | A Snack | Shin Pads | Gum Guards | Trainers Hockey Stick (optional)

## **HOCKEY CAMPS FUTURE DATES**

6th - 9th April 2020

13th - 17th July 2020

Did you know that **Ardingly Active also runs:** 

Netball, Football, Girls' Football, Cricket, Holiday Club & Swim School camps throughout the year.

For more information visit: www.ardingly.com







@ardinglyactive